

# Bowls Buddies



All the equipment needed to captivate 1 to 4 children for hours. Just add a sunny day, flat soled shoes, sun cream, a hat and a drinks bottle.

A text book that comes with the all the ideas for changing the game up. It takes drills and turns them into bitesize games for excitable little people who don't recognise they are learning whilst they play!

*\*Adults help with the bigger words but they do not come in the pack so bring your own!!*







**A quick stretch of the arms and legs to warm up, gets the blood pumping and muscles fuelled ready to be the best you can!**

**Ensure your jack is central to help you deliver your bowl with the correct weight and line!**

**But don't forget to practice with off centre jacks too as it is likely to happen in real game situations.**

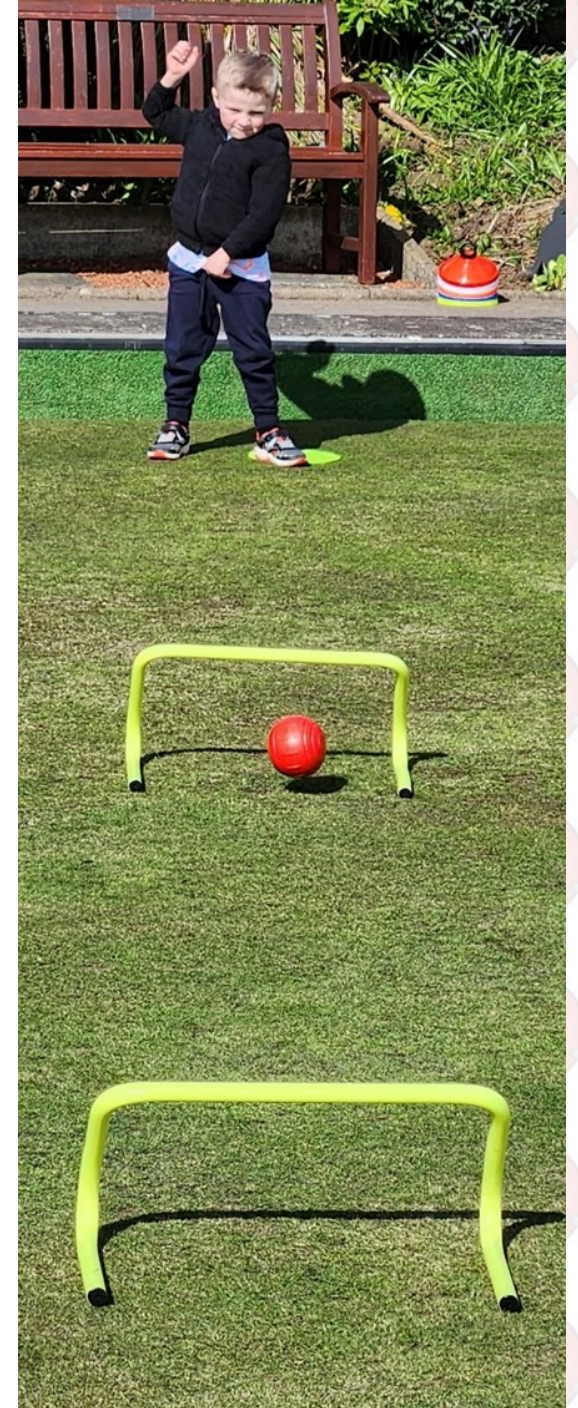






**Watch what your bowls do, they react differently on different surfaces.....**

**.....and encourage them to do a bit more; shout at them, wave your arms.... lots of people do it and it seems to work!!!**







**Watch your opponents bowls, it may show you something you were missing and improve your game by giving you the edge!**

**When you send down a 'worldie' a quiet subdued celebration is the best way to celebrate, so as not to upset your opposition or appear big headed!!!**



**A massive thank you to Nic (Mum), Matty and Mabel (young bowlers), and Hinkley B.C (for the use of the green) for confirming what I already knew; Bowls Buddies are the real deal!!**